**Domestic Violence: Effects of Domestic Violence**

**Long term effects of domestic violence on women/men who have been abused may include:**

* Anxiety
* Chronic depression
* Chronic pain
* Death
* Dehydration
* Dissociative states
* Drug and alcohol dependence
* Eating disorders
* Emotional “over-reactions” to stimuli
* General emotional numbing – switch off
* Health problems
* Malnutrition
* Panic attacks
* Poor adherence to medical recommendations
* Poverty
* Repeated self injury
* Self neglect
* Sexual disfunction
* Sleep disorders
* Somatisation disorders – making up illness
* Strained family relationships
* Suicide attempts
* An inability to adequately respond to the needs of their children