IDEA SHEET – AGE 9-10 YEARS

Create an information text/leaflet about your favourite animal.  
  
Create a dance routine.  
  
Learn a new song.  
  
Create a PowerPoint presentation about your favourite subject at school.  
  
Create a piece of useful junk art using recycled materials from around the house.  
  
Write a children's story about taking care of the environment.

See how many star jumps you can do in 1 minute.  
  
Learn a poem by heart and recite it to your family.  
  
Help to cook a healthy balanced meal for your family.  
  
Design a map of your house.

See how many sit ups you can do in one minute.  
  
Research a well known naturalist and create a fact-file about them (David Attenborough or Jane Goodall).  
  
Look at snacks in your cupboard and read the nutritional information: which snacks have the lowest percentage of sugar?