DRUG GROUP

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| **STIMULANTS** | **SEDATIVES** |
| Amphetamines  Cocaine  Tobacco  Anabolic Steroids  Caffeine  Alkyl Nitrates  Ecstasy | Alcohol  Barbiturates  Benzodiazepines  (eg Temazepam, Valium,  Rohypnol)  GHB  Solvents  Gasses  Ketamine |
| **HALLUCINOGENIC** | **PAINKILLERS** |
| LSD  Hallucinogenic Mushrooms  Cannabis | Opiates  Codeine  Morphine  Methadone  Pethidine |

**STIMULANTS:**

* Stimulate the nervous system
* Increase alertness
* Diminish fatigue and sleep
* May improve physical endurance
* Can cause nervousness/anxiety

**SEDATIVES**

* Depress the nervous system
* Relieve tension/anxiety
* Promote relaxation
* Impair mental/physical functioning

**HALLUCINOGENIC DRUGS (ALTER PERCEPTION):**

* Heighten the appreciation of sensory experience
* Promotes perceptual distortions
* People may feel they experience feelings of insight
* May cause anxiety and panic

**PAINKILLERS**

* Reduce insensivity to the emotional reaction to pain discomfort or anxiety
* Feelings of warmth and contentment
* May cause drowsiness